

## Deer Resistant Plant Guide

for the Lago Vista TX area

There are probably many more plants that can be listed but these are the ones that have proved most resistant. \* denotes Texas native

### Flowers

Anise hyssop- *Agastache rupestris*  
Autumn sage- *Salvia gregii*\* (eaten in Highland Lakes area, okay in the Island area)  
Antelope horns milkweed-*Asclepias asperula*\*  
Black & Blue sage- *Salvia guaranitica*  
Bush sunflower- *Simsia calva*\*  
Butterfly milkweed- *Asclepias tuberosa*\*  
Cedar sage- *Salvia roemeriana*\*  
Lindheimer senna- *Senna lindheimeriana*\*  
Copper canyon daisy- *Tagetes lucida*\*  
Damianita- *Chrysanthemum mexicana*\*  
Texas aster- *Symphotrichum drummondii* (some question on this one)  
Frostweed- *Verbesina virginica*\*  
Green milkweed- *Asclepias virdii*\*  
Indigo spires-*Salvia longispica x farinacea*  
Jerusalem sage- *Phlomis fruticosa*\*  
Maximillian sunflower- *Helianthus maximilianii*\*  
Mexican bush sage- *Salvia leucantha*\*  
Mexican hat- *Ratibida columnifera*\*  
Mountain sage- *Salvia regia*\*  
Pink skullcap- *Scutellaria suffrutescens*\* somewhat  
Prairie verbena- *Verbena bipinnatifida*\*  
Scented geranium, citronella- *Pelargonium citrosum*  
Texas betony- *Stachys coccinea*\*  
Zexmenia- *Wedelia hispida*\*

### Turf Grass & Groundcover

Buffalo grass- *Buchloe dactyloides*\*  
Frogfruit- *Phyla nodiflora*\*  
Straggler daisy- *Calyptocarpus vialis*\*  
Wooly stedmonia- *Stemodia tomentosa*\*

### Bunchgrass

Bamboo muhly- *Muhlenbergia dumosa*  
Bear grass (Nolina)- *Nolina texana*\*  
Gulf muhly- *Muhlenbergia capillaries*\*  
Little bluestem- *Schizachyrium scoparium*\*  
Lindheimer (Big) muhly- *Muhlenbergia lindheimeri*\*  
Mexican feathergrass (wiregrass)- *Stipa tenuissima*\*  
Ruby grass- *Melinis nerviglumis*  
Seep muhly- *Muhlenbergia reverchonii*\*  
Sideoats grama- *Bouteloua curtipendula*\*

## Herbs

Rosemary- *Rosmarinus officinalis*

Santolina- *Santolina chamaecyparissus* (gray) or *S. virens* (green)

Oregano- *Origanum vulgare* x

## Small Shrubs

Agarita- *Berberis trifoliolata*\*

Beach vitex- *Vitex rotundifolia* (invasive in coastal areas)

Flame acanthus- *Anisacanthus wrightii*\* (has been eaten in The Island & Highland Lake area)

Mexican oregano- *Poliomintha longifolia*\*

Japanese boxwood- *Buxus microphylla* (excellent for camouflage gardening)

Pygmy (crimson) barberry- *Berberis thunbergii* (munched on when in pot located in shade)

Texas lanata- *Lantana camara*\*

## Large Shrubs

Flameleaf sumac- *Rhus lanceolata*\*

Pride of Barbados- *Caesalpinia pulcherrima*

Texas mountain laurel- *Sophora secundiflora*\*

Texas sage (Cenzio)- *Leucophyllum frutescens*\*

Vitex (Chaste tree)- *Vitex agnus-castus*

## Trees

Ashe juniper- *Juniperus ashei*\*

Desert willow- *Chilopsis linearis*\*

Escarpment live oak- *Quercus fusiformis*\* (protect when young)

Texas mountain laurel- *Sophora secundiflora*\*

## Cacti & Succulents

Agaves- *Agave americana*\*, *Agave leuchugilla*\*, *A. parryi* (occasionally tried by deer, protect from rubbing)

Prickly pear cactus- *Opuntia* spp.\*

Yuccas-\* (yucca blooms will be eaten, twist-leaf may be munched on)